Dr. Sibel Nalbant –

Dr. Ahmet Sansi

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Research Area: Sports for the Disabled

" Adapted Physical Activity and Sports Practices "

SCV: Assoc. Prof. Dr. Sibel NALBANT is a faculty member in the Department of Physical Education and Sport, Faculty of Sport Sciences, at Alanya Alaaddin Keykubat University. Her research focuses on the inclusion of children with disabilities in physical education and sport, motor development, and inclusive educational practices. She has conducted studies in national and international research projects promoting participation in sport and physical activity for individuals with disabilities. Dr. Nalbant has authored numerous scientific articles and book chapters and has been invited to speak at various international academic events. Her work makes significant contributions to strengthening social participation of individuals with disabilities through physical activity. She also actively participates in community service initiatives that promote the inclusion of individuals with disabilities in physical activity.

SCV: Asst. Prof. Dr. Ahmet Sansi is a faculty member at the Faculty of Sport Sciences, Bolu Abant Izzet Baysal University. His academic interests include the participation of individuals with disabilities in physical education, motor development, and models of inclusive education. He has contributed to several national and international projects and conducted research on promoting the involvement of individuals with disabilities in sport and physical activity. Dr. Sansi has published articles and conference papers on inclusive physical education and motor development, providing valuable contributions to the field.

His scholarly work emphasizes enhancing the quality of life of individuals with disabilities through physical activity and sport participation.

Title: "Adapted Physical Activity and Sports Practices"

This workshop will focus on the fundamentals of adapted physical activity and sport, highlighting practical examples and inclusive approaches for working with individuals with diverse abilities. Through interactive presentations, group work, and short practical activities, participants will explore adaptation strategies to support participation in sport and physical activity for all.