3rd IAHPEDS
International Alliance for Health, Physical Education, Dance, and Sport
World Congress

Türkiye Olympic Committee (TMOK)
Ataköy - İSTANBUL

June 24 - 28 2026

Spor Bilimleri Fakültesi

İstanbul GEDİK Üniversitesi

CONGRESS PROGRAM

Time	25 June, 2026 Thursday
	ORAL SESSIONS (A)
	Health / Dance / Sport / Physical Educaton
09.00 - 10.00	**Oral Session 1 - Congress Hall A (**PE - Turgut Atakol Conference Hall**)**
	Session Chair: Dr. Rajesh Kumar
	Assessing Global Works of Quality Physical Education: Instrument Development and Application ***Walter Ho***
	Exploring College Students' Lived Experiences and Attitudes Toward Physical Education: A Qualitative Inquiry ***Sabado, Marvin Luis, Arroyo, J.P.M., Maciejewski, R.S.J., Ulanday, M.E.D., Madrigal, N.R.***
	College Students' Attitude towards Physical Education Classes in a State University in the Philippines ***Ulanday, MARIE ELOISA, Arroyo, J.P.M., Maciejewski, R.S.J., Sabado, M.L.C., Madrigal, N.R.***
	Oral Session 2 - Congress Hall B (Sport - Sinan Erdem Hall**)**
	Session Chair: Dr. Adil Deniz Duru
	Context Conditions of Elite Sport Systems in Singapore and the Philippines: Developing and Applying the Elite Sport System Context Condition Questionnaire (ES-CCQ) ***Ralph Ramos, Veerle De Bosscher, Nicholas de Cruz***
	Talent Development in Sport: A Survey of Policy and Practice in Singaporean Athletes ***Lee Kok Sonk, Ian Koe***
	Play Within Safe Boundaries: Empowering University Sports through Strategic Campus Security ***Mirza Raza Ali Baig***
	Oral Session 3 - Congress Hall C (Health - Jerfi Fıratlı Hall**)**
	Session Chair: Dr. Holly Alperin
	Lauve Wellbeing: The Power of Values and the Physical Dimension for Community Health and Development ***Timothy Lynch, Xiaofen D. Hamilton, Chenhao Wu, YucenLi, Gregory J. Soukup, Wendy Goff***
	Rethinking Curriculum: Embedding Field Experience into Undergraduate Public Health ***Heather Barton-Weston, Gregory Soukup, Erlinda Lopez-Rodriguez***
	Vaccine Hesitancy as a Systemic Response: Experiences of Hispanic Female Nurses in South Texas ***Kathryn Martinez***
	Oral Session 4 - Dance - Congress Hall D
	Session Chair: Dr. Halil Korkmaz
	Lead, Follow, or Both? Reimagining Gender Roles in Social Dance ***Peggy Domingue***
	Effects of Creative Learning in Rhythm-based Dance in Physical Education ***Itsuka Tamaki, Akane Yamazaki***
	What Do Instructors Attend to When Evaluating Creative Dance? A Focus on Visual Gaze Toward Movement as Influenced by Dance Experience ***Akane Yamazaki, Itsuka Tamaki***
10.00 - 10.15	Coffee Break
	SESSION PRESENTATIONS (A)

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Time	25 June, 2026
	Thursday
10.15 - 11.00	**Session Presentation 1 - Congress Hall A (**Sport - Turgut Atakol Conference Hall**)**
	Session Chair: Dr. İlker Yücesir
	Athlete Development Models and Early Specialization in Sports ***Selda Bereket Yücel***
	Session Presentation 2 - Congress Hall B (PE - Sinan Erdem Hall**)**
	Session Chair: Dr. Marie Eloisa D. Ulanday
	Enhancing Students' Game Performance through Situated Set Plays ***Fatih Dervent***
	Session Presentation 3 - Congress Hall C (Health - Jerfi Fıratlı Hall**)**
	Session Chair: Dr. Heather Barton-Weston
	Yoga Science Beyond Asanas: A Multidimensional Convergence of Ancient Wisdom, Modern Science, and Holistic Human Well-Being ***Rajkumar Karve, Chandrakant Biradar***
	Session Presentation 4 - Dance-Congress Hall D
	Session Chair: Dr. Pınar Yaprak
	Using Dance/Movement to Address Social Issues ***Fran Anthony Meyer, Peggy Domingue, Tarin Hampton***
KEYNOTE PRESENTATION I & ORAL SESSIONS (B)	
11.05 - 12.05	**Keynote 1- Congress Hall A (**Dance - Turgut Atakol Conference Hall**)**
	Session Chair: Dr. Rajkumar Karve
	Movement as Text, Dance as Lens: The Representation of the Indigenous through Dance in the Philippine Education System ***Michiko Aseron***
	Oral Session 5 - Congress Hall B (Sport - Sinan Erdem Hall**)**
	Session Chair: Dr. Ralp Andrew Ramos
	Exploring the Motor Coordination, Physical Fitness, and Technical Performance of Young Sailors: Findings of a Scoping Review ***Irmak Hürmeriç-Altunsöz***
	Effect of Weight Training Exercises for the Development of Upper Body Muscle Strength and Endurance among Rowers of Telangana State ***Vislavath Ashok***
	Effect of Core Strength Training for Development of Explosive Power among Boxers of Osmania University ***Gurunam Singh Chug***
	Oral Session 6 - Congress Hall C (Health - Jerfi Fıratlı Hall**)**
	Session Chair: Dr. Jyoti Dhama Prakash
	Breaking Down Barriers: Making Health Education Accessible Across Cultures ***Amy Lauren Smith***

CONGRESS PROGRAM

Time	25 June, 2026
	Thursday
	Socialization of Health Education Teachers: Factors Influencing Curricular and Pedagogical Choices in the K-12 Health Education Classroom ***Holly Alperin***
	Integrating Health Education Skills into Physical Education ***Erin Sweeney, Shannon Mulhearn, Kaulana Molina***
	Panel Discussion I - PE - Congress Hall D
	Session Chair: Dr. Hayri Ertan
	How AI is Transforming and Supporting the Work of Physical Education Teachers. ***Naoki Suzuki, Xiaofen Hamilton, Walter Ho***
12.05-13.00	Lunch
ORAL SESSIONS (C)	
13.00 - 14.00	**Oral Session 7 - Congress Hall A (**PE - Turgut Atakol Conference Hall**)**
	Session Chair: Dr. Fatih Dervent
	Rethinking Assessment: Aligning Practices with the Principles of Nonlinear Pedagogy (NLP) in PE ***Louis Ho, Chow Jia Yi, Chue Kah Loong***
	Brain Breaks in Action: Energizing Classrooms for Active Minds, Healthy Bodies, and Holistic Learning **Rajkumar Karve**
	Oral Session 8 - Congress Hall B (Sport - Sinan Erdem Hall**)**
	Session Chair: Dr. Xiaofen Hamilton
	Youth Engagement in Sports and Physical Activity in Singapore: Patterns, Barriers, and Motivators ***Heng Yeow Yap***
	Influence of Health Locus of Control and Emotional Intelligence on Children Athletes' Resilience During Competition in Ijebu-Ode ***Adeogun Adekunle Olanrewaju***
	From Olympic Values to Olympic Achievement: An Analysis of Türkiye's Olympic Ecosystem ***Hülya Ünlü***
	Oral Session 9 - Congress Hall C (Health - Jerfi Fıratlı Hall**)**
	Session Chair: Dr. Tarin Hampton
	Impact of One Year of Regular Physical Activity on 60-Year-Old Male's Health- A Case Study ***Gregory J. Soukup, Sr., Heather Barton-Weston, Timothy Lynch, Erlinda Lopez-Rodriguez***
	Perceived Effects of Participation in Exercise on Mental Health and Well-Being among Secondary School Students in Benin Metropolis, Nigeria ***Faleke Mary Abidemi***
	Examining the Role of Perfectionism and Coping Strategies in Predicting Coach Burnout ***Emine Sapmaz, Ali Kızılet, Gözde Ersöz Ay***
	Oral Session 10 - Dance - Congress Hall D
	Session Chair: Dr. İlker Yücesir

CONGRESS PROGRAM

Time	25 June, 2026
	Thursday
	Understanding the Challenges Faced by Pre-Service Physical Education Teachers in Teaching Dance: Implications for Teacher Education ***Shu Mei Karen Heng***
	Perfection in Motion: Differences in Wellbeing Across Perfectionism Profiles in Dancers ***Luis Calmeiro, Eirean Fletcher***
	Martial Arts as Dance ***Nancy Kane***
14.00 - 14.15	Coffee Break
KEYNOTE PRESENTATION II & ORAL SESSIONS (D)	
14.15 - 15.15	**Keynote 2- Congress Hall A** (Health - Turgut Atakol Conference Hall)
	Session Chair: Dr. Selda Bereket Yücel
	Physical Literacy, Healthy Lifestyle, Longevity: Simple or Complex En Route ***Hasan Birol Çotuk***
	Oral Session 11 - Congress Hall B (PE - Sinan Erdem Hall)
	Session Chair: Dr. Tim Lynch
	Topic Modeling the Intersection of Artificial Intelligence and Physical Education ***Qian Sun, Tanjian Liang***
	Using Motion Capture Data to Support Natural Science Perspectives on Movement in Physical Education ***Naoki Suzuki***
	Oral Session 12 - Congress Hall C (Sport - Jerfi Fıratlı Hall)
	Session Chair: Dr. Fran Meyer
	Integrated Fitness-mind-body-dynamics: Interplay of Physical, Physiological and Psychological Parameters on Performance Among University Football Players ***Jyoti Dhama Prakash, N.G. Kannur***
	The Turkish Adaptation and Psychometric Properties of the Perceived Available Social Support in Sport Questionnaire ***Mehmet Arman Apaydın, Gözde Ersöz Ay***
ORAL SESSIONS (E)	
	Oral Session 13 - Congress Hall A (PE - Turgut Atakol Conference Hall)
	Session Chair: Dr. Naoki Suzuki
	How Pre-Service Physical Education Teachers Generate Practical Knowledge：An Interpretative Phenomenological Analysis ***Anlu Yang, Ning Wang, Yongshun Wang, Xiaofen Hamilton***
	"As Tutors as Friends": How Teachers as Role Models Facilitate Concurrent Improvement in Academic Achievement and Physical Activity Habits — A Case Study of a Chinese High School ***Ning Wang, Jianguo Zhang, Anlu Yang, Yongshun Wang, Xiaofen Hamilton***
	Physical Exercise – A Tool for Children's Development ***Rajesh Kumar***
	Oral Session 14 - Congress Hall B (Sport - Sinan Erdem Hall)
	Session Chair: Dr. Fatih Dervent

CONGRESS PROGRAM

Time	25 June, 2026
	Thursday
15.20 - 16.20	Masculinity in Sport: Hegemonic Norms, Resistance, and Negotiation ***Jeong Dae Lee, Seunghyun Hwang***
	A Comparison of Doping and Neuro-Enhancement in Sports, Arts, and Education within the Context of Fair Play ***Mehlika Nuran Gündoğmuş; Tuna Uslu***
	Effects of a Single Session of Whole-Body Electromyostimulation on Muscle Damage Markers in Sedentary Adults ***Gaye Madenci, Tuba Melekoğlu, Ayşen Türk, Ramazan Çetinkaya***
	Oral Session 15 - Congress Hall C (Health - Jerfi Fıratlı Hall)
	Session Chair: Asst. Prof. Marvin Luis C. Sabado
	Impact of Targeted Nutrition and Strategic Exercise on Physical Fitness in Student-Athletes ***Alpana Bajpai***
	Breaking the Silence: Barriers to Opioid Management in the Lives of Mexican Immigrant Women ***Angela Delgado, Anali Martinez, Zoe Acosta, Jamie Harrison, Heather Barton-Weston, Gregory Soukup, Erlinda Lopez-Rodriguez***
	A Bibliometric Analysis of the Literature on Concussion in Child and Adolescent Athletes ***Ayşe Yaren Kurden, Gözde Ersöz Ay***
POSTER SESSIONS (A) - TMOK Entrance Area	
16.20 - 17.00	**Session Chair: Dr. Hasan Birol Çotuk**
	The Relationship Between Bilateral Balance and Jump Asymmetries and Neuromuscular Performance Quality in Taekwondo Athletes ***Şerife Özcan, Şerife Yaprak, Salih Çetinkaya, Emel Çetin Özdoğan***
	AI and the Evidence: Can We Trust What We See or Rather PROMPT! ***David C. Berry***
	The Effect of Isometric Hamstring Strength on Deceleration and Change of Direction Performance ***Yusuf Öksüz***
	The Relationship Between Quality of Life and Physical Activity in Community College Students ***Jerry Loflin***