3rd IAHPEDS
International Alliance for Health, Physical Education, Dance, and Sport
World Congress

Türkiye Olympic Committee (TMOK)
Ataköy - İSTANBUL

June 24 - 28
2026

Spor Bilimleri Fakültesi

İstanbul GEDİK Üniversitesi

CONGRESS PROGRAM

Time	24 June, 2026 Wednesday
	Inclusive Movement and Participation: From Research to Practice, From Involvement to Transformation
	SESSION PRESENTATIONS
	Inclusive Physical Education Practices and Research
09.00 – 12.00	**Paralympic Sport Experience Workshops -** TMOK Olympic House
	Content:
	Goalball
	Sitting Volleyball
	Wheelchair Sports
	Paralympic School Day Practices
09.00 - 12.00	**Workshop 1 -** Turgut Atakol Conference Hall
	Paul Schempp
	Differentiators Between Good and Great Coaches
12.00 - 13.00	Lunch
13.00 - 14.15	**Lecture 1 -** Turgut Atakol Conference Hall
	Triple Self / Triple Thinking
	Ziya Azazi
13.00 - 14.15	**Workshop 2 -** TMOK Olympic House
	Dr. Gülsüm Hatipoğlu Özcan
	Developmental Movement Education in Early Childhood
14.15 - 14.45	**Social Activity**
	Para Dance Show & Recreational Dance Event
14.45 - 16.00	**Workshop 3 -** TMOK Olympic House
	Dr. Sibel Nalbant - Dr. Ahmet Sansi
	Adapted Physical Activity and Sport Practices
16.00 - 16.45	**Social Activity**
	BİR'İZ Event
16.45 - 17.45	**Keynote Presentation I -** Turgut Atakol Conference Hall
	Dr. Mehmet Yanardağ
	Unlocking the Power of Lifelong Physical Activity in Individuals with Autism: Continuous Professional Development Through a Transdisciplinary Approach
	Opening Ceremony - Turgut Atakol Conference Hall
	Ziya Azazi- Contemporary Sufi Dance Performance

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Time	24 June, 2026 Wednesday
18.00 - 18.45	**Rhythm and Various Performance**
	Protocol Speeches
	Dr. Salih PINAR (Türkiye) - IAHPEDS Europe and Middle East Representative- Congress Co-Chair
	Dr. Gregory Soukup (USA) - IAHPEDS President
	Dr. Av. Murat Aksu (Türkiye) - President of the Turkish National Paralympic Committee
	Dr. Veli Ozan Çakır (Türkiye) - President of Turkish National Olympic Committee
18.45	**Opening Reception (Turkiye Olimpic Committee)**

Türkiye Milli Olimpiyat Komitesi

Türkiye Milli Paralimpik Komitesi

Global Health Education

National Academy of Health and Physical Literacy
Advancing health and physical literacy

national dance SOCIETY

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Time	25 June, 2026 Thursday
	ORAL SESSIONS (A)
	Health / Dance / Sport / Physical Educaton
09.00 - 10.00	**Oral Session 1 - Congress Hall A (**PE - Turgut Atakol Conference Hall**)**
	Session Chair: Dr. Rajesh Kumar
	Assessing Global Works of Quality Physical Education: Instrument Development and Application ***Walter Ho***
	Exploring College Students' Lived Experiences and Attitudes Toward Physical Education: A Qualitative Inquiry ***Sabado, Marvin Luis, Arroyo, J.P.M., Maciejewski, R.S.J., Ulanday, M.E.D., Madrigal, N.R.***
	College Students' Attitude towards Physical Education Classes in a State University in the Philippines ***Ulanday, MARIE ELOISA, Arroyo, J.P.M., Maciejewski, R.S.J., Sabado, M.L.C., Madrigal, N.R.***
	Oral Session 2 - Congress Hall B (Sport - Sinan Erdem Hall**)**
	Session Chair: Dr. Adil Deniz Duru
	Context Conditions of Elite Sport Systems in Singapore and the Philippines: Developing and Applying the Elite Sport System Context Condition Questionnaire (ES-CCQ) ***Ralph Ramos, Veerle De Bosscher, Nicholas de Cruz***
	Talent Development in Sport: A Survey of Policy and Practice in Singaporean Athletes ***Lee Kok Sonk, Ian Koe***
	Play Within Safe Boundaries: Empowering University Sports through Strategic Campus Security ***Mirza Raza Ali Baig***
	Oral Session 3 - Congress Hall C (Health - Jerfi Fıratlı Hall**)**
	Session Chair: Dr. Holly Alperin
	Lauve Wellbeing: The Power of Values and the Physical Dimension for Community Health and Development ***Timothy Lynch, Xiaofen D. Hamilton, Chenhao Wu, YucenLi, Gregory J. Soukup, Wendy Goff***
	Rethinking Curriculum: Embedding Field Experience into Undergraduate Public Health ***Heather Barton-Weston, Gregory Soukup, Erlinda Lopez-Rodriguez***
	Vaccine Hesitancy as a Systemic Response: Experiences of Hispanic Female Nurses in South Texas ***Kathryn Martinez***
	Oral Session 4 - Dance - Congress Hall D
	Session Chair: Dr. Halil Korkmaz
	Lead, Follow, or Both? Reimagining Gender Roles in Social Dance ***Peggy Domingue***
	Effects of Creative Learning in Rhythm-based Dance in Physical Education ***Itsuka Tamaki, Akane Yamazaki***
	What Do Instructors Attend to When Evaluating Creative Dance? A Focus on Visual Gaze Toward Movement as Influenced by Dance Experience ***Akane Yamazaki, Itsuka Tamaki***
10.00 - 10.15	Coffee Break
	SESSION PRESENTATIONS (A)

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Time	25 June, 2026
	Thursday
10.15 - 11.00	**Session Presentation 1 - Congress Hall A (**Sport - Turgut Atakol Conference Hall**)**
	Session Chair: Dr. İlker Yücesir
	Athlete Development Models and Early Specialization in Sports ***Selda Bereket Yücel***
	Session Presentation 2 - Congress Hall B (PE - Sinan Erdem Hall**)**
	Session Chair: Dr. Marie Eloisa D. Ulanday
	Enhancing Students' Game Performance through Situated Set Plays ***Fatih Dervent***
	Session Presentation 3 - Congress Hall C (Health - Jerfi Fıratlı Hall**)**
	Session Chair: Dr. Heather Barton-Weston
	Yoga Science Beyond Asanas: A Multidimensional Convergence of Ancient Wisdom, Modern Science, and Holistic Human Well-Being ***Rajkumar Karve, Chandrakant Biradar***
	Session Presentation 4 - Dance-Congress Hall D
	Session Chair: Dr. Pınar Yaprak
	Using Dance/Movement to Address Social Issues ***Fran Anthony Meyer, Peggy Domingue, Tarin Hampton***
KEYNOTE PRESENTATION I & ORAL SESSIONS (B)	
11.05 - 12.05	**Keynote 1- Congress Hall A (**Dance - Turgut Atakol Conference Hall**)**
	Session Chair: Dr. Rajkumar Karve
	Movement as Text, Dance as Lens: The Representation of the Indigenous through Dance in the Philippine Education System ***Michiko Aseron***
	Oral Session 5 - Congress Hall B (Sport - Sinan Erdem Hall**)**
	Session Chair: Dr. Ralp Andrew Ramos
	Exploring the Motor Coordination, Physical Fitness, and Technical Performance of Young Sailors: Findings of a Scoping Review ***Irmak Hürmeriç-Altunsöz***
	Effect of Weight Training Exercises for the Development of Upper Body Muscle Strength and Endurance among Rowers of Telangana State ***Vislavath Ashok***
	Effect of Core Strength Training for Development of Explosive Power among Boxers of Osmania University ***Gurunam Singh Chug***
	Oral Session 6 - Congress Hall C (Health - Jerfi Fıratlı Hall**)**
	Session Chair: Dr. Jyoti Dhama Prakash
	Breaking Down Barriers: Making Health Education Accessible Across Cultures ***Amy Lauren Smith***

CONGRESS PROGRAM

Time	25 June, 2026
	Thursday
	Socialization of Health Education Teachers: Factors Influencing Curricular and Pedagogical Choices in the K-12 Health Education Classroom ***Holly Alperin***
	Integrating Health Education Skills into Physical Education ***Erin Sweeney, Shannon Mulhearn, Kaulana Molina***
	Panel Discussion I - PE - Congress Hall D
	Session Chair: Dr. Hayri Ertan
	How AI is Transforming and Supporting the Work of Physical Education Teachers. ***Naoki Suzuki, Xiaofen Hamilton, Walter Ho***
12.05-13.00	Lunch
ORAL SESSIONS (C)	
13.00 - 14.00	**Oral Session 7 - Congress Hall A (**PE - Turgut Atakol Conference Hall**)**
	Session Chair: Dr. Fatih Dervent
	Rethinking Assessment: Aligning Practices with the Principles of Nonlinear Pedagogy (NLP) in PE ***Louis Ho, Chow Jia Yi, Chue Kah Loong***
	Brain Breaks in Action: Energizing Classrooms for Active Minds, Healthy Bodies, and Holistic Learning **Rajkumar Karve**
	Oral Session 8 - Congress Hall B (Sport - Sinan Erdem Hall**)**
	Session Chair: Dr. Xiaofen Hamilton
	Youth Engagement in Sports and Physical Activity in Singapore: Patterns, Barriers, and Motivators ***Heng Yeow Yap***
	Influence of Health Locus of Control and Emotional Intelligence on Children Athletes' Resilience During Competition in Ijebu-Ode ***Adeogun Adekunle Olanrewaju***
	From Olympic Values to Olympic Achievement: An Analysis of Türkiye's Olympic Ecosystem ***Hülya Ünlü***
	Oral Session 9 - Congress Hall C (Health - Jerfi Fıratlı Hall**)**
	Session Chair: Dr. Tarin Hampton
	Impact of One Year of Regular Physical Activity on 60-Year-Old Male's Health- A Case Study ***Gregory J. Soukup, Sr., Heather Barton-Weston, Timothy Lynch, Erlinda Lopez-Rodriguez***
	Perceived Effects of Participation in Exercise on Mental Health and Well-Being among Secondary School Students in Benin Metropolis, Nigeria ***Faleke Mary Abidemi***
	Examining the Role of Perfectionism and Coping Strategies in Predicting Coach Burnout ***Emine Sapmaz, Ali Kızılet, Gözde Ersöz Ay***
	Oral Session 10 - Dance - Congress Hall D
	Session Chair: Dr. İlker Yücesir

CONGRESS PROGRAM

Time	25 June, 2026
	Thursday
	Understanding the Challenges Faced by Pre-Service Physical Education Teachers in Teaching Dance: Implications for Teacher Education ***Shu Mei Karen Heng***
	Perfection in Motion: Differences in Wellbeing Across Perfectionism Profiles in Dancers ***Luis Calmeiro, Eirean Fletcher***
	Martial Arts as Dance ***Nancy Kane***
14.00 - 14.15	Coffee Break
KEYNOTE PRESENTATION II & ORAL SESSIONS (D)	
14.15 - 15.15	**Keynote 2- Congress Hall A** (Health - Turgut Atakol Conference Hall)
	Session Chair: Dr. Selda Bereket Yücel
	Physical Literacy, Healthy Lifestyle, Longevity: Simple or Complex En Route ***Hasan Birol Çotuk***
	Oral Session 11 - Congress Hall B (PE - Sinan Erdem Hall)
	Session Chair: Dr. Tim Lynch
	Topic Modeling the Intersection of Artificial Intelligence and Physical Education ***Qian Sun, Tanjian Liang***
	Using Motion Capture Data to Support Natural Science Perspectives on Movement in Physical Education ***Naoki Suzuki***
	Oral Session 12 - Congress Hall C (Sport - Jerfi Fıratlı Hall)
	Session Chair: Dr. Fran Meyer
	Integrated Fitness-mind-body-dynamics: Interplay of Physical, Physiological and Psychological Parameters on Performance Among University Football Players ***Jyoti Dhama Prakash, N.G. Kannur***
	The Turkish Adaptation and Psychometric Properties of the Perceived Available Social Support in Sport Questionnaire ***Mehmet Arman Apaydın, Gözde Ersöz Ay***
ORAL SESSIONS (E)	
	Oral Session 13 - Congress Hall A (PE - Turgut Atakol Conference Hall)
	Session Chair: Dr. Naoki Suzuki
	How Pre-Service Physical Education Teachers Generate Practical Knowledge：An Interpretative Phenomenological Analysis ***Anlu Yang, Ning Wang, Yongshun Wang, Xiaofen Hamilton***
	"As Tutors as Friends": How Teachers as Role Models Facilitate Concurrent Improvement in Academic Achievement and Physical Activity Habits — A Case Study of a Chinese High School ***Ning Wang, Jianguo Zhang, Anlu Yang, Yongshun Wang, Xiaofen Hamilton***
	Physical Exercise – A Tool for Children's Development ***Rajesh Kumar***
	Oral Session 14 - Congress Hall B (Sport - Sinan Erdem Hall)
	Session Chair: Dr. Fatih Dervent

CONGRESS PROGRAM

Time	25 June, 2026
	Thursday
15.20 - 16.20	Masculinity in Sport: Hegemonic Norms, Resistance, and Negotiation ***Jeong Dae Lee, Seunghyun Hwang***
	A Comparison of Doping and Neuro-Enhancement in Sports, Arts, and Education within the Context of Fair Play ***Mehlika Nuran Gündoğmuş; Tuna Uslu***
	Effects of a Single Session of Whole-Body Electromyostimulation on Muscle Damage Markers in Sedentary Adults ***Gaye Madenci, Tuba Melekoğlu, Ayşen Türk, Ramazan Çetinkaya***
	Oral Session 15 - Congress Hall C (Health - Jerfi Fıratlı Hall)
	Session Chair: Asst. Prof. Marvin Luis C. Sabado
	Impact of Targeted Nutrition and Strategic Exercise on Physical Fitness in Student-Athletes ***Alpana Bajpai***
	Breaking the Silence: Barriers to Opioid Management in the Lives of Mexican Immigrant Women ***Angela Delgado, Anali Martinez, Zoe Acosta, Jamie Harrison, Heather Barton-Weston, Gregory Soukup, Erlinda Lopez-Rodriguez***
	A Bibliometric Analysis of the Literature on Concussion in Child and Adolescent Athletes ***Ayşe Yaren Kurden, Gözde Ersöz Ay***
POSTER SESSIONS (A) - TMOK Entrance Area	
16.20 - 17.00	**Session Chair: Dr. Hasan Birol Çotuk**
	The Relationship Between Bilateral Balance and Jump Asymmetries and Neuromuscular Performance Quality in Taekwondo Athletes ***Şerife Özcan, Şerife Yaprak, Salih Çetinkaya, Emel Çetin Özdoğan***
	AI and the Evidence: Can We Trust What We See or Rather PROMPT! ***David C. Berry***
	The Effect of Isometric Hamstring Strength on Deceleration and Change of Direction Performance ***Yusuf Öksüz***
	The Relationship Between Quality of Life and Physical Activity in Community College Students ***Jerry Loflin***

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Time	26 June, 2026 Friday
	ORAL SESSIONS (F)
	Health / Dance / Sport / Physical Educaton
09.00 - 10.00	**Oral Session 16 - Congress Hall A (**PE - Turgut Atakol Conference Hall**)**
	Session Chair: Dr. Greg Soukup
	Fitness Testing Anxiety Scale Components: A Literature Review ***Xiaofen Hamilton, Chenhao Wu, Yucen Li, Timothy Lynch, Yongshun Wang, Mark Worrell***
	NEP 2020 and Physical Education in India: Opportunities, Challenges, and Global Comparisons ***Anil Kumar Mishra, Rammanohar Lohia***
	Bibliometric Analysis of Parental Attitudes in Sports Using the VOSviewer Application ***Melek Erol, Gözde Ersöz Ay***
	Oral Session 17 - Congress Hall B (Sport - Sinan Erdem Hall**)**
	Session Chair: Dr. Fatih Dervent
	Endurance Beyond Miles: Influence of Physical, Physiological, and Psychological Parameters on Performance of High School Long-Distance Athletes ***Sanjeevkumar Appe, Shivakumar***
	Effect of Core Strength Training and Plyometric Exercises on the Development of Explosive Power among Women Kho Kho Players of the University of Lucknow ***Neeraj Jain, Sumit Singh***
	The Effects of Face-to-Face and Online HIFT Training on Physical Fitness in Sedentary Individuals ***Serra Ayşe Çakar Saka, Asiye Filiz Çamlıgüney***
	Oral Session 18 - Congress Hall C (Health - Fıratlı Hall**)**
	Session Chair: Dr. Peggy Domingue
	Mind-Body Harmony in Adolescence: Impact of Yogasana Practice on Physical, Physiological and Psychological Parameters of High School Students ***Chandrakant Biradar, Rajkumar Karve, Pratap Singh Tiwari***
	Applied Strategies in Play-Based Fitness Training for Enhancing Gross Motor Proficiency in Children with Autism ***Elif Tuğçe Şen, Cihan Aygün***
	Brand Equity in Sportswear: The Case of The Big 3 ***Kerem Er, Itır Erhart***
10.00 - 10.15	Coffee Break
	KEYNOTE PRESENTATION III & ORAL SESSIONS (G)
	Keynote 3- Congress Hall A (PE -Turgut Atakol Conference Hall**)**
	Session Chair: Dr. Gıyasettin Demirhan
	Enchanging the Quality of Physical Education: Rethinking Sport Instructors' Competencies for the Future ***Levent İnce***
	Oral Session 19 - Congress Hall B (Sport - Sinan Erdem Hall**)**
	Session Chair: Dr. Seyed Houtan Shahidi

CONGRESS PROGRAM

Time	26 June, 2026
	Friday
10.20 - 11.20	Sport Developmental Effects of Martial Arts–Based Interventions in Individuals with Special Needs: A Review ***Havvanur Arslan, Sibel Nalbant***
	A Study to Investigate the Comparative Data Analysis of Regular Physical Activities and Sports Participation among Sports Science Students ***Mehwish Manzoor***
	Oral Session 20 - Congress Hall C (Sport - Jerfi Fıratlı Hall)
	Session Chair: Dr. İhsan Sarı
	A New Validated Psychometric Self-Evaluating Instrument for Measuring Legacy Constructs of the Youth Olympic Games ***Mary Ser Hui, ANG; Koon Teck, KOH; Gregory Arief, LIEM***
	Current trends in athlete engagement: an updated systematic review and bibliometric analysis (2024–2026) ***Derya Erarslan, Memed Bilgin Aydın***
	SESSION PRESENTATIONS (B)
11.25 - 12.10	**Session Presentation 5 - Congress Hall A** (Sport - Turgut Atakol Conference Hall)
	Session Chair: Dr. Çiğdem Bulgan Ercin
	Cortical Efficiency and Performance: Neural Markers in Elite Athletes ***Hayri Ertan***
	Session Presentation 6 - Congress Hall B (PE - Sinan Erdem Hall)
	Session Chair: Dr. Amy Lauren Smith
	Inclusion in Sport and Physical Education: It's All Related with How We Teach ***Nikolaos Digelidis***
	Session Presentation 7 - Congress Hall D
	Session Chair: Dr. Pınar Yaprak
	INTERNATIONAL DANCE COLLECTIVE: A Multicultural Sampling of Dance Genres from the USA and Ghana **Tarin T. Hampton, Dance Council Chair,** ***Panel Participants:*** *Fran A. Meyer, Peggy Domingue*
12.10 - 13.10	Lunch
	SESSION PRESENTATIONS (C)
13.10 - 13.55	**Session Presentation 8 - Congress Hall A** (Sport - Turgut Atakol Conference Hall)
	Session Chair: Dr. Hayri Ertan
	Reemphass of Experiental Learnng in Higher Educaton Sport Management Currculums ***Robert C. Schneider***
	Session Presentation 9 - Congress Hall B (PE - Sinan Erdem Hall)
	Session Chair: Dr. Cengiz Karagözoğlu
	Human Movement as a Translating 3D Biomechanics into Functional Exercise Design ***Çiğdem Bulgan Ercin***

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Time	26 June, 2026
	Friday
	Session Presentation 10 - Congress Hall C (Health - Jerfi Fıratlı Hall)
	Session Chair: Dr. Fahimeh Hassani
	Architects of Motivation: Transforming the Interpersonal Ecosystem in Sport and Exercise Through Evidence-Based Interventions ***İhsan Sarı***
	KEYNOTE PRESENTATION IV
	Keynote 4- Congress Hall A (SPORT-Turgut Atakol Conference Hall)
14.00 - 15.00	**Session Chair: Dr. Gıyasettin Demirhan**
	Coaching Practices That Break Down Barriers Through Sport ***Paul Schempp***
15.00 - 15.15	Coffee Break
	CLOSING CEREMONY
15.15 - 16.15	Dr. Salih PINAR (Türkiye) - IAHPEDS Europe and Middle East Representative- Congress Co-Chair
	Dr. Gregory Soukup (USA) - IAHPEDS President – Congress Co-Chair
	Dr. Av. Murat Aksu (Türkiye) - President of the Turkish National Paralympic Committee
	Dr. Veli Ozan Çakır (Türkiye) - President of Turkish National Olympic Committee
19.00	**Gala Dinner (İBB Florya Social Facilities)** **Location: https://maps.app.goo.gl/qWj46S1pUmSJi3an7** *The shuttle service from the congress venue to the Gala Dinner venue will depart at 18:00 PM*

Türkiye Milli Olimpiyat Komitesi
Türkiye Milli Paralimpik Komitesi
Türkiye Beden Eğitimi Öğretmenleri Derneği
Global Health Education
National Academy of Health and Physical Literacy
Advancing health and physical literacy
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Online /Virtual Sessions	
Join Zoom Meeting	
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Meeting ID: 883 7530 5609 **Passcode:** 542884	
Time	**27 June, 2026**
	Saturday
13.45 - 13.55	**Opening and Introduction**
	Salih PINAR (Türkiye)- IAHPEDS Europe and Middle East Representative- Congress Co-Chair
	Gregory Soukup, IAHPEDS President
ONLINE / VIRTUAL SESSIONS (A)	
14.00 - 15.00	**PE - Turgut Atakol Conference Hall** (Room 1)
	Session Chair: Dr. Cengiz Karagözoğlu
	From Fixed Classes to Student Choice: Effects of an Elective Physical Education (EPE) Program on Core Competencies in Physical Education (CCPE) **Xiaotian Wang**
	Beyond Skill Acquisition: The Effects of Situated Game Teaching on Decision-Making Efficiency and Visual Search Strategies in Basketball ***Jiacheng Chen, Shiming Liu, Zhiwei Huang, Yanan Li***
	Digital Technologies in Physical Education Teaching Practice and Teacher Professional Development: A Systematic Review ***Rui Li, Mingming Guo, Qi Wang***
	Sport - Sinan Erdem Hall (Room 2)
	Session Chair: Dr. Nejla Gerçek
	The Correlation Mechanism Among Personality Traits, Self-Control, and Adolescent Sports Moral Character ***Cong Liu***
	Mind-Body Synergy in Volleyball: Position-Specific Interactions between Psychological Resilience and Physical Fitness ***RAJANNA***
	Fitness to Finesse: Influence of Physical and Physiological Capacities on Dribbling, Ball Balance, and Shooting Accuracy in Collegiate Hockey Players ***Manjunath Sahadevappa, Chandrakanth Shiroli***
	Health - Jerfi Fıratlı Hall (Room 3)
	Session Chair: Dr. Asiye Filiz Çamlıgüney
	The Relationship Between Different Types of School Connection and Academic Stress in Secondary School Students ***Yuyang Nie***

Online /Virtual Sessions	
Join Zoom Meeting	
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Meeting ID: 883 7530 5609 **Passcode:** 542884	
Time	**27 June, 2026**
	Saturday
	Network Analysis of the Relationship between Different Types of Happiness and Active Health Behaviors among Chinese Adolescents ***Tianci Wang***
	Physical Activity and Psychological Resilience Among University Students: The Mediating Role of Exercise Motivation ***Jin Ma, Shuilin Gao, Wenxue Ma, Jiashuo Qi, Jinqi Liang, Yuyang Nie, Cong Liu***
	Interdisciplinary & Dance- Congress Hall D (Room 4)
	Session Chair: Dr. Bahar Ünsal Yılmaz
	Technology and AI for Impactful Coaching and Learning: Bridging Research, Practice, and Learning in Sports and Physical Education - Symposium AI for Effective Coaching & Teaching in the 21st Century ***Koon Teck Koh***
	Smart Campus Physical Education in China: Pathways and Challenges ***Qi Wang***
	Shifting Paradigms in Physical Education: Toward AI-Enhanced Student Health Promotion ***Fuxue Zhao***
ONLINE / VIRTUAL SESSIONS (B)	
	PE - Turgut Atakol Conference Hall (Room 1)
	Session Chair: Dr. Nejla Gerçek
	Well-being Literacy among Preservice Physical Education Teachers: A Cross-sectional Comparison of Year 1 and Year 2 Cohorts in Singapore ***Lit Khoon Zason***
	The Effect of Physical Activity on Smartphone Addiction: A Meta-Analysis ***Mehmet Güllü, Sezer Alagöz, Mehmet Akarsu***
	Physical Education Classes Barriers Scale: Validity and Reliability Study ***Mehmet Akarsu, Mehmet Güllü***
	Examining the Relationship Between Physical Activity and Gaming and Internet Addiction: A Correlation-Based Meta-Analysis ***Mehmet Güllü, Sezer Alagöz, Mehmet Akarsu***
	Sport - Sinan Erdem Hall (Room 2)
	Session Chair: Dr. Rajanna
	A Look Back at the Success of the 2025 World Championships in Athletics in Tokyo ***Yasuo Shimizu***

Online /Virtual Sessions	
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https://us02web.zoom.us/j/88375305609?pwd=OUovdytEbUJQbUdLbWl6THBNUHg3UT09	
Meeting ID: 883 7530 5609 **Passcode:** 542884	
Time	**27 June, 2026**
	Saturday
15.00 - 16.20	Short Term Relaxation Interventions for Competition Anxiety in Adolescent Athletes: Autogenic Training vs. Diaphragmatic Breathing ***Shuqi Zeng, Xusen Fu, Feng Liu, Yuzhe You, Hushun Feng, Jiacheng Chen***
	Effects of Moderate-Load Blood Flow Restriction Training on Muscle Size ***Ayşe Dinç, Tuba Melekoğlu, Sibel Bakırcı, Ayşen Türk***
	Changes in Self-Efficacy among First Year Physical Education Student Teachers ***Hou Cheng Aloyisus Tham, Shern Meng Tan, Siti Nureisyah Binte Noor Azman, Yong Xiang Tristan Matthew Wee***
	Health- Jerfi Fıratlı Hall (Room 3)
	Session Chair: Dr. Fahimeh Hassani
	Associations of Short-Video Viewing and WeChat Use with Depressive Symptoms Among Chinese Youth ***Mingming Guo***
	Effect of Social Media and Technology on Body Image and Self-Esteem of College Students Engaged in Fitness Activities ***Olanrewaju Ipinmoroti***
	Physical Activity and Mental Health: The Role of Exercise in Reducing Anxiety, Depression, and Stress ***Y. Srinivas Reddy, Meka Vani***
	AI-Assisted Football Club Communication, Authenticity, and Fan Trust: Evidence from Generation Y Supporters ***Süleyman Rebge***
	Interdisciplinary & Dance- Congress Hall D (Room 4)
	Session Chair: Dr. Damla Ayduğ
	A Profile of the Somatotype and Body Composition of Professional Filipino Ballet Dancers ***Camille Castro-Mante***
	Peak Expiratory Flow Rate Response of Female Obesity Following 12-week Aerobic Dance Circuit Training in Tertiary Institutions in Oyo State, Nigeria ***Olusegun Adewale Ajayi, Oluwasogo Ruth Ogunleye, Racheal Bolanle Ajala***
	Breaking Barriers in Educator Wellness: The Impact of an Inclusive Aerobic Dance Program on Fitness and Engagement ***Teresita Portugalete Nolledo, Lodrigo G. Basco Jr.***
	Physical Activity, Frailty and the Moderating Effect of Urbanization: Evidence from the CHARLS ***Yuxin Tang***
16.20 - 16.25	Break

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Time	**27 June, 2026**
	Saturday
ONLINE / VIRTUAL SESSIONS (C)	
16.25 - 17.25	**PE - Turgut Atakol Conference Hall** (Room 1)
	Session Chair: Dr. Asiye Filiz Çamlıgüney
	Psychological Dimensions of Physical Education: Implications for Mental Health, Motivation, and Lifelong Physical Activity: A Review ***Anitha Kariga***
	Physical Education as an Academic and Behavioral Intervention ***Ryan McKinney***
	Ready for the AI Age? Strategies and Resources for Building AI Literacy Among Physical Education Teacher Educators ***Xiaolu Liu, Liyan Tang***
	Sport - Sinan Erdem Hall (Room 2)
	Session Chair: Dr. Erdem Çakaloğlu
	AI-Enabled Digital Transformation for Sustainable Development of Chinese Leisure Football ***Honghan Xu, Zhihao Xie, Lijia Hou, Tianbiao Liu***
	Enhancing Game Intelligence and Physical Performance in Aboriginal Youth Football: A Pedagogical Model of Comparison ***Mohamad Nor Farihan Sulong, Zulakbal Abd Karim, Rozaireen Muszali, Frederick Josue, Mohd Fadhil Abdullah, Sanmuga Nathan K. Jeganathan***
	The Potential Role of Team Sports in Fostering Social and Emotional Learning Competencies of Chinese University Students ***Yuchen Han, Lingshu Li***
	Health - Jerfi Fıratlı Hall (Room 3)
	Session Chair: Dr. Adil Deniz Duru
	Time Trends and Shifting Inequalities in Physical Activity Among Chinese Adolescents, 2014-2022 ***Xinyu Chen, Sitong Zhang, Binping Gong, Da Wang, Mingming Guo***
	Nutrition Education as a Critical Factor for Body Mass Index ***Elizabeth A. Bridges, Dwan M. Bridges, Xiaofen D. Hamilton***
	Reimagining Nutrition Education: A Framework for Equity, Community, and Joy ***Rachael E. Gibson***
	Interdisciplinary & Dance- Congress Hall D (Room 4)
	Session Chair: Dr. Selman Kaya

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Meeting ID: 883 7530 5609 **Passcode:** 542884	
Time	**27 June, 2026**
	Saturday
	What Happens During Zumbini for School? -- Physical Activity and Social Behavior During a Commercial Music-and-Movement Program in Daycare Settings ***Yung-Ju Chen, Mallory Hoogensen, Hayden Tinker***
	The Body in Motion: Recontextualizing Indian Classical Dance as a Site of Cultural Negotiation and Social Change Amid Global Displacement ***Lopita Nath***
	Digital Technologies for the Professional Learning of PE Teachers and Sports Coaches: A Systematic Review ***Haoyue Shang, Koh Koon Teck***
ONLINE / VIRTUAL SESSIONS (D)	
17.25 - 18.25	**PE - Turgut Atakol Conference Hall (**Room 1**)**
	Session Chair: Dr. Asiye Filiz Çamlıgüney
	Integrating Artificial Intelligence in Adapted Physical Education: Opportunities and Considerations ***Dwan M. Bridges, Elizabeth A. Bridges, Beichen Lu, Xiaofen D. Hamilton***
	Let's See What You Can Do ***Heather Burd, Joe Deutsch***
	Creating and Developing a Home-School Program. Enhancing Your PETE Students and Your Community. ***Joe Deutsch***
	Sport- Sinan Erdem Hall (Room 2**)**
	Session Chair: Dr. Nejla Gerçek
	Sports Communication, Global Sport, and National Identity: People's Daily Coverage of the Beijing 2022 Winter Olympics ***Lingshu Li, Yuchen Han, Tanjian Liang***
	The Effect of 12 Weeks of Plyometric and Resistance Training on Agility and Speed among Intercollegiate Women Basketball Players of Osmania University, Hyderabad ***Punjala Supriya***
	Developing a Competency Model for Youth Outdoor Camp Instructors: A Delphi Study ***Binping Gong, Yu Huang, Ying Zhang, Mingming Guo***
	Health- Jerfi Fıratlı Hall (Room 3**)**
	Session Chair: Dr. Adil Deniz Duru
	Fear of Failure and Perceived Psychological Barriers to Physical Activity in Children with Obesity ***Yuhang Lei***

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Meeting ID: 883 7530 5609 **Passcode:** 542884	
Time	**27 June, 2026**
	Saturday
	The Bruthas Project (Revised 2026): A Community Engaged, Status-Neutral HIV Prevention Curriculum Integrating Biomedical Prevention Strategies ***Dominique Guinn, Grace Loudd***
	Role of Yoga in Breaking Social and Cultural Barriers among Mahatma Gandhi University, Telangana, India Students ***Meka Vani, D. Devaki***
	Interdisciplinary & Dance- Congress Hall D (Room 4)
	Session Chair: Dr. Safter Elmas
	From Data to Movement: How AI Empowers Educators and Athletes to Overcome Barriers ***Shawn Cradit***
	Seeking Alternatives: Determining Substitute Sport Participant Program Choice; An Artificial Intelligence Approach ***Robert Lyons Jr., E. Newton Jackson Jr., Karla Jones***
	Breaking Down Barriers with Wearable Technology: Expanding Access and Enhancing Movement Literacy in Sport and Physical Education ***Mark R. Worrell Jr., Chenhao Wu, Xiaofen Hamilton***
18.25 - 18.30	Break
ONLINE / VIRTUAL SESSIONS (E)	
	PE - Turgut Atakol Conference Hall (Room 1)
	Session Chair: Dr. Cengiz Karagözoğlu
	Unaddressed Areas in the Newly Revised SHAPE America K–12 Physical Education Teaching Standards ***Bingqing Yang, Chenhao Wu, Yucen Li, Mark Worrell, Timothy Lynch, Yongshun Wang, Xiaofen D. Hamilton***
	Beyond the Finish Line: Synergistic Effect of Physical Fitness and Psychological Parameters on Performance of Collegiate Middle-Distance Athletes ***Mallikarjun Sharanappa, Vijaykumar***
	GIS Based Climatic Analogue of Optimal Elite Athlete Training Zones in India for the Los Angeles 2028 Olympics ***Sundararaja Perumal Jayaraman***
	Sport - Sinan Erdem Hall (Room 2)
	Session Chair: Dr. Fahimeh Hassani

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Time	27 June, 2026
	Saturday
18.30 - 19.30	Synergizing Movement and Mind: Effects of Yoga and Exercise Therapy on Physical, Physiological and Psychological Parameters among Collegiate Students ***Ramesh H Kittur***
	An Investigation of Postgraduate Theses on Paralympics in Türkiye in Terms of Various Variables ***Elif Dilan Atılgan***
	A Comparative Examination of Cultural Virtue Levels of University Students with and Without Sports Education ***Talha Görücü, Yasemin Yalçın, Furkan Saygılı, Azime İrem Gündüz***
	Health - Jerfi Fıratlı Hall (Room 3)
	Session Chair: Dr. Selman Kaya
	Self-determination Theory and Behavior Changes in Physical Education ***Tracey Naumann, Chenhao Wu, Yucen Li, Mark Worrell***
	An Investigation into the Effect of Social and Cultural Activities on the Acquisition of National Values among University Students ***Dilek Çağla Alkaşı, Yasemin Yalçın, Rümeysa Doğan, Ekrem Tarık Diler***
	Interdisciplinary & Dance- Congress Hall D (Room 4)
	Session Chair: Dr. Merve Bal
	Penalty Kick Success in Football: Turkey 2023-2024 Super League ***Rıdvan Ergin***
	Effects of a Four-Week Norwegian Double-Threshold Training Block on Performance Determinants in Middle-Distance Runners ***Abdullah Tugluk, Seyed Houtan Shahidi***
	Evaluation of Stage Performance in Folk Dances *Halk Danslarında Sahne Performansının Değerlendirilmesi* ***Muhammet Ali Temizel, Rıdvan Ergin***
CLOSING REMARKS - Turgut Atakol Conference Hall (Room 1)	
19.35 - 20.00	Dr. Salih Pinar, Istanbul World Congress Co-Chair
	Dr. Gregory Soukup, IAHPEDS President

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Meeting ID: 883 7530 5609 **Passcode:** 542884	
Time	**27 June, 2026** **Saturday**
Meet-up:14.30 **Tour Duration:** **16.00-17.30**	**ISTANBUL BOSPHORUS BOAT TOUR** ***(Snacks and Refreshments Included)*** **Note:** *Participants joining the Bosphorus Boat Cruise on Saturday, June 27, 2026, are informed that a shuttle bus will depart from the Congress Center at 2:30 PM to transfer participants to the Üsküdar Ferry Terminal. The cruise will begin at 4:00 PM. Shuttle services will depart from the Üsküdar Ferry Terminal to the congress venue between 17:30 and 18:00.* ***Please arrive at the departure point on time.***

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CONGRESS PROGRAM (TURKISH)

Time	28 June, 2026 Sunday
	ORAL SESSIONS (A)
	Health / Dance / Sport / Physical Educaton
09.00 - 10.00	**Oral Session 1 - Congress Hall A (**PE - Turgut Atakol Conference Hall**)**
	Session Chair: Dr. Hülya Ünlü
	Bibliometric Analysis of Academic Studies on Pickleball: Global Trends and Research Gaps *Pickleball Üzerine Yapılan Akademik Çalışmaların Bibliyometrik Analizi: Küresel Eğilimler ve Araştırma Boşlukları* ***Canay İmrek***
	The Effect of Social-Emotional Learning Skills of National Athletes on Their Xenophobic Levels *Milli Sporcuların Sosyal-Duygusal Öğrenme Becerilerinin Ksenofobi Düzeylerine Etkisi* ***Şimal Orman, Hasan Ceyhun Can***
	A Comparative Study of Motor Skill Levels in Children with Special Needs Compared to Their Typically Developing Peers *Özel Gereksinimli Çocukların Motor Beceri Düzeylerinin Tipik Gelişim Gösteren Akranlarıyla Karşılaştırmalı Olarak İncelenmesi* ***Havva Şahan, Rukiye Canan Kafadar, Gökçe Oktay Kaya, Gülsüm Hatipoğlu Özcan***
	Oral Session 2 - Congress Hall B (Sport - Sinan Erdem Hall**)**
	Session Chair: Dr. Ayşe Oya Erkut
	Early Advantage, Lasting Success? The Impact of the Relative Age Effect in Youth and Elite Tennis *Erken Avantaj mı, Kalıcı Başarı mı? Genç ve Elit Tenisçilerde Göreceli Yaş Etkisi* ***Ayşe Billur Çavunt, Hatice İlhan Odabaş, Okan Kılıçkaya***
	Who Has the Advantage? The Effect of Relative Age and Performance Results at the European U17 Wrestling Championships *Avantaj Kimde? 17 Yaş Altı Avrupa Güreş Şampiyonası'nda Göreceli Yaş Etkisi ve Performans Sonuçları* ***Burhan Demirkıran, Ali Işın, Tuba Melekoğlu***
	Attitudes of Physical Education Teacher Candidates Toward Gender Roles: A Cross-Sectional Study *Beden Eğitimi Öğretmen Adaylarının Toplumsal Cinsiyet Rollerine Yönelik Tutumları: Kesitsel Bir Araştırma* ***Doğa Yalçın, Ümitcan Köse, Yağız Yıldız, Aleyna Gürbüzcan, Şule Korkmaz, Ebru Özen, Sibel Nalbant***
	Oral Session 3 - Congress Hall C (Sport - Jerfi Fıratlı Hall**)**
	Session Chair: Dr. Çağla Karacan Şimşek

CONGRESS PROGRAM (TURKISH)

Time	28 June, 2026
	Sunday
	Evaluation of the Effects of Knee Flexion, Knee Extension, and Hip Adduction Strength on In-Water Jump Performance in Elite Adult Male Water Polo Players *Elit Yetişkin Erkek Su Topu Oyuncularında Diz Fleksiyonu, Diz Ekstansiyonu ve Kalça Adüksiyon Kuvvetinin Su İçi Sıçrama Performansına Etkilerinin Değerlendirilmesi* ***Rıdvan Pehlivan, Alper Aşçı, Yusuf Kahraman***
	Investigation of the Effects of Short-Term Supramaximal Loadings on Blood Lactate Levels in Taekwondo Athletes of Different Competitive Levels *Farklı Müsabaka Düzeylerindeki Tekvando Sporcularında Kısa Süreli Supramaksimal Yüklemelerin Kan Laktat Düzeyleri Üzerindeki Etkilerinin İncelenmesi* ***Tuğçe Yeşilçimen, Serdar Orkun Pelvan***
	The Effect of Integrated Training Model on Mountain Bike Performance *Entegre Antrenman Modelinin Dağ Bisikleti Performansı Üzerine Etkisi* ***Fatih Koçak, Salih Pınar***
	Oral Session 4 - Health-Congress Hall D
	Session Chair: Dr. Bahar Ünsal Yılmaz
	Time-of-Day Effects of Caffeine Supplementation Following Acute Partial Sleep Deprivation: A Triple-Blind Randomized Trial *Akut Kısmi Uyku Yoksunluğu Sonrası Kafein Takviyesinin Günün Saatine Göre Etkileri: Üçlü Kör Randomize Çalışma* ***Hamza Durası, Semih Karaman, Yavuz Öztürk, Yeşim Çalışkan***
	The Effect of Beetroot Juice Loading on Endurance Performance, Perceived Exertion, Fatigue, and Recovery Levels in Adolescent Badminton Players *Ergen Badminton Sporcularında Pancar Suyu Yüklemesinin Dayanıklılık Performansı, Hissedilen Şiddet, Yorgunluk ve Toparlanma Düzeyine Etkisi* ***Feyza Erden, Emir Hasan Yavuz, Şerife Vatansever***
	Investigation of Heart Rate Changes in Ballet Movement Combinations *Bale Hareket Kombinasyonlarındaki Kalp Atım Hızı Değişimlerinin İncelenmesi* ***Gökçe Akgün***
10.00 - 10.15	**Coffee Break**
ORAL SESSIONS (B)	
	Oral Session 5 - Congress Hall A (PE - Turgut Atakol Conference Hall)
	Session Chair: Dr. Nusret Ramazanoğlu
	Game Design Based on Different Obstacle Situations for Inclusive Education: Its Effect on Middle School Students' Attitudes and Levels of Empathy Towards Individuals with Disabilities *Kapsayıcı Eğitime Yönelik Farklı Engel Durumları Oluşturularak Tasarlanan Oyunlar: Ortaokul Öğrencilerinin Özel Gereksinimli Bireylere Yönelik Tutumlarına ve Empati Düzeylerine Etkisi* ***Esra İrem Özcan, Hasibe Çoruh, Nimet Haşıl Korkmaz***

CONGRESS PROGRAM (TURKISH)

Time	28 June, 2026 Sunday
10.20 - 11.20	The Effects of Inclusive Sports Project on Attitudes of Sports High School Students Towards Individuals with Special Needs *Spor Lisesi Öğrencilerinin Kapsayıcı Spor Projesi ile Özel Gereksinimli Bireylere Karşı Tutumlarının Etkileri* ***Uğur Karakaş, Yusuf Dumlu, Tuna Uslu***
	Adapted Exercise Programs for Individuals with Disabilities: Strategies and Best Practices *Engelli Bireyler İçin Uyarlanmış Egzersiz Programları: Stratejiler ve En İyi Uygulamalar* ***Ekin Karlık***
	Oral Session 6 - Congress Hall B (Sport - Sinan Erdem Hall**)**
	Session Chair: Dr. Şeval Kayğusuz
	A Periodic Comparison of the Construction and Usage Models of Summer and Winter Olympic Venues from a Sustainability Perspective *Yaz ve Kış Olimpiyat Oyunları Tesislerinin İnşa ve Kullanım Modellerinin Sürdürülebilirlik Perspektifinden Dönemsel Karşılaştırması* ***Nazlı Hilal Kaya, Tuna Uslu***
	Examining the Mediating Effect of Club Image in the Relationship Between Team Identification and Spectator Consumption Among Football Spectators *Futbol Seyircilerinde Takım Özdeşleşmesi ile Seyirci Tüketimi Arasındaki İlişkide Kulüp İmajının Aracılık Etkisinin İncelenmesi* ***Oktay Akyüz, Gözde Ersöz Ay, Aydın Pekel***
	Examining the Relationships Between Internet Gambling Addiction and Internet Gaming Disorder Among E-Sports Players and University Students *E-Spor Oyuncuları ve Üniversite Öğrencilerinde İnternet Kumar Bağımlılığı ile İnternet Oyun Bozukluğu Arasındaki İlişkilerin İncelenmesi* ***Hasan Ceyhun Can, Alp Kaan Kilci, Tuna Uslu***
	Oral Session 7 - Congress Hall C (Health - Jerfi Fıratlı Hall)
	Session Chair: Dr. Merve Bal
	Assessing Anatomy Recognition in Medical Students Through Silhouettes: An Innovative Approach to Evaluating Visuospatial Processing Abilities *Tıp Öğrencilerinde Siluetler Yoluyla Anatomi Tanımanın Değerlendirilmesi: Görsel-Uzamsal İşlemleme Yeteneklerini Değerlendirmek için Yenilikçi Bir Yaklaşım* ***Naz Soyer, Meryem Efe, Seyda Ulusahin, Eren Öğüt***
	Evaluation of Dynamic Knee Valgus in Latin Dancers: A Cross-Sectional Observational Study *Latin Dansçılarda Dinamik Diz Valgusunun Değerlendirilmesi: Kesitsel Gözlemsel Bir Çalışma* ***Beyza Karaduman, Özlem Feyzioğlu, Gizem Türker Çatal, Begüm Türker Acu, Büşra Hussain***

CONGRESS PROGRAM (TURKISH)

Time	28 June, 2026
	Sunday
	The Effect of Sleep Hygiene Training on Sleep Behaviour, Sleep Quality and Sleepiness in Elite Male Gymnasts *Uyku Hijyeni Eğitiminin Elit Erkek Jimnastikçilerde Uyku Davranışı, Uyku Kalitesi ve Uykululuğa Etkisi* ***Semih Karaman, Songül Çağlar, Ümid Karlı***
	Oral Session 8 - PE-Congress Hall D
	Session Chair: Dr. Hülya Ünlü
	Intervention-Based Practices in Preparing Pre-Service Physical Education Teacher Candidates for Inclusive Education: A Systematic Review *Hizmet Öncesi Beden Eğitimi Öğretmen Adaylarının Kapsayıcı Eğitime Hazırlanmasında Müdahale Temelli Uygulamalar: Sistematik Bir Derleme* ***Fatma Demir Zengin, Nimet Haşıl Korkmaz, Selen Uğur Mutlu, Hasibe Çoruh***
	Development and Feasibility of a Cross-Cultural Training Programme for Sport Coaches *Spor Antrenörleri için Kültürlerarası Bir Eğitim Programının Geliştirilmesi ve Uygulanabilirliği* ***Dr. Deniz Urgun***
	Paralympic Sport Standards Measurement System (PSSÖS):Conceptual Framework and Development Process *Paralimpik Spor Standartları Ölçüm Sistemi (PSSÖS): Kuramsal Temelleri ve Geliştirme Süreci* ***Sinan Kalkan, Fatma Erdoğan, Sibel Nalbant, Tuğçe Örsoğlu, Aysel Kızılkaya, Büşra Süngü, Ferman Konukman, Gülsüm Hatipoğlu Özcan, Mustafa Yunus Eryaman, Dilara Fatoş Özer, Durmus Özbasi***
	ORAL SESSIONS (C)
	Oral Session 9 - Congress Hall A (Sport - Turgut Atakol Conference Hall**)**
	Session Chair: Dr. Damla Ayduğ
	Measurement Invariance of the Compulsive Sport Consumption Scale Across Individual and Team Sports in a Turkish Sample *Kompulsif Spor Tüketim Ölçeği'nin Türk Örnekleminde Bireysel ve Takım Sporları Arasında Ölçüm Değişmezliği* ***Zeynep Ayça Terzioğlu, Sertan Kağan***
	The Relationship Between Physical Activity Healthy Eating Behaviors And Quality Of Life Among University Students *Üniversite Öğrencilerinde Fiziksel Aktivite, Sağlıklı Beslenme Alışkanlıkları ve Yaşam Kalitesi Arasındaki İlişki* ***Tuğçe Adıgüzel***
	Oral Session 10 - Congress Hall B (Sport-Sinan Erdem Hall)
	Session Chair: Dr. Bahar Ünsal Yılmaz

CONGRESS PROGRAM (TURKISH)

Time	28 June, 2026
	Sunday
11.30 - 12.30	Investigation of the Effects of Taekwondo-Specific HIIT Training on Technical Performance and Physiological Load *Tekvandoya Özgü Yüksek Yoğunluklu İnterval Antrenmanın Teknik Performans ve Fizyolojik Yük Üzerindeki Etkilerinin İncelenmesi* ***Ebrar Şevval Coşkun, Tuğçe Yeşilçimen, Ahmet Talha Öztürk***
	Effects of Different Grip Variations on Rate of Force Development and Dynamic Parameters in Inverted Row Exercise *Balistik Yatay Barfiks Egzersizinde Farklı Tutuş Varyasyonlarının Kuvvet Gelişim Oranı ve Dinamik Parametreler Üzerindeki Etkileri* ***Ceren Zehra Ergin, Nusret Ramazanoğlu, İrfan Gülmez, Fatih Sani, Semih Yılmaz, Buse Türkyılmaz***
	Examination of Reactive Strength Index and Rate of Force Development in Plyometric Push-Up Applications *Reaktif Kuvvet İndeksi ve Kuvvet Geliştirme Oranının Pliometrik Şınav Uygulamalarında İncelenmesi* ***Buse Türkyılmaz, Nusret Ramazanoğlu, Fatih Sani, Ceren Zehra Ergin, İrfan Gülmez***
	Oral Session 11 - Congress Hall C (Health - Jerfi Fıratlı Hall)
	Session Chair: Dr. Çiğdem Bulgan Ercin
	Individualized Training Needs of Paralympic Athletes from a Coaching Perspective *Antrenör Perspektifinden Paralimpik Sporcuların Kişiye Özgü Antrenman Gereksinimleri* ***Sinan Kalkan, Fatma Erdoğan, Sibel Nalbant, Tuğçe Örsoğlu, Aysel Kızılkaya, Büşra Süngü, Dilara Fatoş Özer, Gülsüm Hatipoğlu Özcan, Durmus Özbasi, Ferman Konukman, Mustafa Yunus Eryaman***
	Barriers Faced by Paralympic Athletes in Olympic Preparation: A Qualitative Analysis *Paralimpik Sporcuların Olimpik Hazırlık Sürecinde Karşılaştıkları Engeller: Nitel Bir Analiz* ***Sinan Kalkan, Fatma Erdoğan, Sibel Nalbant, Tuğçe Örsoğlu, Aysel Kızılkaya, Büşra Süngü, Ferman Konukman, Gülsüm Hatipoğlu Özcan, Dilara Fatoş Özer, Mustafa Yunus Eryaman, Durmus Özbasi***
	Paralympic Sport Facility Standards Scale (PSTSÖ): Validity and Reliability Study *Paralimpik Spor Tesisleri Standartları Ölçeği (PSTSÖ): Geçerlik ve Güvenirlik Çalışması* ***Fatma Erdoğan, Sinan Kalkan, Sibel Nalbant, Tuğçe Örsoğlu, Büşra Süngü, Dilara Fatoş Özer, Gülsüm Hatipoğlu Özcan, Aysel Kızılkaya, Durmus Özbasi, Ferman Konukman, Mustafa Yunus Eryaman***
	Oral Session 12 - Dance-Congress Hall D
	Session Chair: Dr. Osman Ateş
	The Effect of an Explosive Power-Focused Training Program Applied to Volleyball Players on Physical Performance Parameters *Voleybolculara Uygulanan Patlayıcı Güç Odaklı Antrenman Programının Fiziksel Performans Parametreleri Üzerindeki Etkisi* ***Abdulaziz Demir, Samet Sitti, Serdar Adıgüzel***

CONGRESS PROGRAM (TURKISH)

Time	28 June, 2026
	Sunday
	The Effect of Different Large-Sided Games on Physical Performance Parameters in Football and Comparison with Official Match Performance *Futbolda Farklı Geniş Sahalı Oyunların Fiziksel Performans Parametreleri Üzerine Etkisi ve Resmi Maç Performansı ile Karşılaştırılması* ***Kaan Kaya***
	Effects of Blood Flow Restriction Training on Sprint Performance, Explosive Power Performance, and Lower Extremity Strength *Kan Akışı Kısıtlama Antrenmanının Sprint Performansı, Patlayıcı Güç Performansı ve Alt Ekstremite Kuvveti Üzerindeki Etkileri* ***Mahir Sefa Selen, Pelin Aksen***
12.30 - 13.30	Lunch
ORAL SESSIONS (D)	
13.30 - 14.30	**Oral Session 13 - Congress Hall A (**PE - Turgut Atakol Conference Hall**)**
	Session Chair: Dr. Seyed Houtan Shahidi
	Examining the Relationship Between Self-Compassion, Perceived Parental Involvement and Burnout in Swimmers *Yüzücülerde Öz Şefkat, Ebeveyn Dâhiliyeti ve Tükenmişlik Arasındaki İlişkinin İncelenmesi* ***Nida Eliz Üstündağ, Gözde Ersöz Ay***
	Examining the Effects of Yoga and Meditation Practices and Frequency of Practice on Individual Authenticity Through Mindfulness Level *Yoga ve Meditasyon Uygulamaları ile Uygulama Sıklığının Bilinçli Farkındalık Düzeyi Aracılığıyla Bireysel Özgünlük Üzerindeki Etkilerinin İncelenmesi* ***Çağla Kocur, Tuna Uslu***
	Oral Session 14 - Congress Hall B (Sport - Sinan Erdem Hall**)**
	Session Chair: Dr. Fatih Kayhan
	The Relationship Between Vertical Jump Performance and Spike Velocity in Adolescent Volleyball Players *Adolesan Voleybolcularda Dikey Sıçrama Performansı ve Smaç Hızı Arasındaki İlişki* ***Burak Bölükbaşoğlu, Ali Günay***
	Fatigue and Psychological Well-Being in Elderly Individuals *Yaşlı Bireylerde Yorgunluk ve Psikolojik İyi Oluş* ***Akif Arslan, Zehra Betül Koç***
	Oral Session 15 - Dance-Congress Hall D
	Session Chair: Dr. Ayşe Oya Erkut
	Selective and Developmental Effects of SEL-Based Dance Education on Social-Emotional Competencies: A Mixed-Methods Perspective *Sosyal-Duygusal Öğrenme Temelli Dans Eğitiminin Sosyal-Duygusal Yetkinlikler Üzerindeki Seçici ve Gelişimsel Etkileri: Karma Yöntemli Bir Perspektif* ***Nurgül Erol, Bijen Filiz, Mehmet Gökay Kılıç, Sevda Kılınç Çırakoğlu***

CONGRESS PROGRAM (TURKISH)

Time	28 June, 2026
	Sunday
	The Relationship Between Midwifery Department Students' Attitude Towards Sports and Psychological Resilience Level: The Example of Marmara University *Ebelik Bölümü Öğrencilerinin Spora Yönelik Tutumu ile Psikolojik Sağlamlık Düzeyi Arasındaki İlişki: Marmara Üniversitesi Örneği* ***Anıl Siyahtaş, Gamze Fışkın Siyahtaş***
	Investigation of the Acute Effects of Post-Activation Potentiation Induced by Free Squat and Smith Machine Squat on 60-Meter Sprint Performance *Serbest Squat ve Smith Machine Squat Kaynaklı Post Aktivasyon Potansiyelinin 60 Metre Sprint Performansı Üzerindeki Akut Etkilerinin İncelenmesi* ***Şakir Baskan, Kaan Nazım Nazik***
14.30 - 14.45	**Coffee Break**
ORAL SESSIONS (E)	
	Oral Session 16 - Congress Hall B (Sport - Sinan Erdem Hall**)**
	Session Chair: Dr. Merve Bal
	An Examination of the Relationship Between Self-Confidence and Performance in Team and Individual Athletes *Takım ve Bireysel Sporcularda Özgüven ve Performans İlişkisinin İncelenmesi* ***Aysima Karakaya, Gözde Ersöz Ay***
	An Examination of the Relationship Between Weight-Cutting Processes and Levels of Depression and Burnout in Elite Wrestlers *Elit Güreşçilerde Kilo Düşürme Süreci ile Depresyon ve Tükenmişlik Düzeyleri Arasındaki İlişkinin İncelenmesi* ***Furkan Eken, Gözde Ersöz Ay***
	Examination of Digital Addiction and Psychological Resilience Levels of Students in the Faculty of Sports and Health Sciences *Spor ve Sağlık Bilimleri Fakültesi Öğrencilerinin Dijital Bağımlılık ve Psikolojik Sağlamlık Düzeylerinin İncelenmesi* ***Serkan Esen, Serpil Başer, Tuna Uslu***
	Oral Session 17 - Congress Hall C (Sport / Dance - Jerfi Fıratlı Hall**)**
	Session Chair: Dr. Murat Tutar
14.45 - 15.45	Paralympic Training Program Standards Scale (PAPSO): Validity and Reliability Study *Paralimpik Antrenman Programı Standartları Ölçeği (PAPSO): Geçerlik ve Güvenirlik Çalışması* ***Fatma Erdoğan, Sinan Kalkan, Tuğçe Örsoğlu, Sibel Nalbant, Dilara Fatoş Özer, Büşra Süngü, Aysel Kızılkaya, Gülsüm Hatipoğlu Özcan, Ferman Konukman, Durmus Özbasi, Mustafa Yunus Eryaman***

CONGRESS PROGRAM (TURKISH)

Time	28 June, 2026
	Sunday
	Paralympic Sports Equipment Standards Scale (PASGÖ): Validity and Reliability Study *Paralimpik Spor Ekipmanları Standartları Ölçeği (PASGÖ): Geçerlik ve Güvenirlik Çalışması* ***Sinan Kalkan, Fatma Erdoğan, Sibel Nalbant, Tuğçe Örsoğlu, Büşra Süngü, Dilara Fatoş Özer, Gülsüm Hatipoğlu Özcan, Aysel Kızılkaya, Durmus Özbasi, Ferman Konukman, Mustafa Yunus Eryaman***
	Oral Session 18 - Sport-Congress Hall D
	Session Chair: Dr. Utku Tuna
	Referee Communication and Perception Management in the Digital Age Dijital Çağda Hakem İletişimi ve Algı Yönetimi ***Ahmet Taha Kuzyaka, Cemal Güler***
	The Impact of 21st Century Skills on Turkish Dual Career Student Athletes *21. Yüzyıl Becerilerinin Türk Çift Kariyer Öğrenci Sporcular Üzerindeki Etkisi* ***Deniz Refika Çülha, Hasan Ceyhun Can***
	A Phenomenological Assessment of the Olympic Movement and National Initiative Impact on Türkiye's Capacity to Host the Olympic Games Through Good Governance and Sport Culture *Olimpik Hareketin ve Ulusal Girişimin Türkiye'nin İyi Yönetişim ve Spor Kültürü Aracılığıyla Olimpiyat Oyunlarına Ev Sahipliği Yapma Kapasitesine Etkisinin Fenomenolojik Bir Değerlendirmesi* ***Tuna Uslu***